



A KBR Company

Saturday, February 14, 2009

BE&K 5K Race Day Details

PLEASE TAKE A MOMENT TO READ – IT MAKES LIFE EASIER FOR EVERYONE COME RACE DAY!

- **Race will take place rain or shine!** No need to try to call and ask otherwise.
- **Please dress accordingly.** Your outer layer of clothing should be something old that you don't mind peeling off and tossing down in case you get hot after a mile or two. Discarded clothing will be donated to a local homeless shelter.
- **Race starts at 8:00 a.m.** in front of Boutwell Auditorium. Wheelchair athletes will start at 7:58 a.m.
- **Portalets** will be available around 19th Street and 8th Ave North near the entrance to the starting chute. If you go into Boutwell before the race, be sure to exit to your right (West) toward 19th Street to enter the starting chute from the back.
- **The race will start near 19th Street and 8th Ave N** and run East towards Richard Arrington, Jr. Blvd. You will not be able to access the chute from the front. Also, PLEASE don't cross in front of the starting area when exiting Boutwell and try to head to the start entrance as the City Hall Side of 8th Avenue will be blocked off at Short 20th Street and you will NOT be able to get through.
- **Due to insurance regulations,** unregistered runners, unauthorized vehicles, bicycles, skateboards, roller blades, strollers, baby joggers and other wheeled devices and animals are prohibited.
- **Attach your timing chip from your race packet to your shoe.** DO NOT carry it in your pocket, leave it in your hotel room or throw it away. No chip, no time, no award. Do not lose it or you'll owe us \$35! Volunteers will be in the finish area to help you remove and return it after the race. IF YOU DON'T WANT TO BE TIMED, PLEASE LEAVE YOUR CHIP AT THE REGISTRATION TABLE WHEN YOU PICK UP YOUR PACKET.
- **Wear your race bib number pinned to the front of your outermost layer of clothes.** If you take this layer off during the race, please be prepared to show us your bib number at the finish line.
- **Please write any pertinent medical information and contact information on the back of your race number.** You'll make life lots easier for our medical crews if you will take a minute to fill out the back of your bib. Please include an emergency contact #.
- **There will be one water station** on the course offering water and Powerade.
- **Don't miss our wonderful BE&K Post-Race Party and Awards Ceremony** just across from the finish line in Boutwell Auditorium. We've got a live band, games and lots of food.
- **Unofficial Race Results** will be posted in Boutwell as they become available. Please check the label on your bib right now and make sure your name, age and gender are correct. If you see any problems with your unofficial results when they are posted, please report this to the Trouble Table ASAP before the "official results" are announced. Email results problems or issues to timing@mercedesmarathon.com.
- **Official results will be emailed and posted on website (<http://mercedesmarathon.com>)** as soon as possible. Please be sure to set your email to allow messages from info@mercedesmarathon.com.
- **Thanks for your support of Kid One Transport!!** Thanks to the great title sponsor, BE&K, all race entry fees go directly to Kid One!

HAPPY VALENTINE'S DAY!