KIDS mercedes marathon birmingham, alabama

Presented by the Service Guild of Birmingham

Official School Log Sheet

Official paper entry forms must be received by November 15 to be eligible for race day participation. Online registration is available thru November 30.

Race packets, bib numbers and medals will not be available to non-registered parties.

Use this as a master log sheet to track the miles for all of your students.
(Please let your students know that you will be turning in one master log sheet for them all and that they will not need to turn one in.)

SCHOOL:_____ **Coach:**_____

GRADES:_____ **EMAIL ADDRESS:**_____

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Weekly Mileage	Accumulated Mileage
Week 1 (Sept. 7-13)									
Week 2 (Sept. 14-20)									
Week 3 (Sept. 21-27)									
Week 4 (Sept. 28 - Oct. 4)									
Week 5 (Oct. 5-11)									
Week 6 (Oct.12-18)									
Week 7 (Oct. 19-25)									
Week 8 (Oct. 26-Nov.1)						*Halloween Mile in Trussville			
Week 9 (Nov.2-8)						*Vulcan Mile Race			
Week 10 (Nov. 9-15)									
Week 11 (Nov. 16-22)									
Week 12 (Nov. 23-29)				* Thanksgiving Mile at Montclair Run					
Week 13 (Nov. 30 - Dec. 6)									
Week 14 (Dec 8-13)					**Hanukkah**				
Week 15 (Dec. 14-20)									
Week 16 (Dec. 21-27)					**Christmas**				
Week 17 (Dec. 28 - Jan. 3)					**New Year's**				
Week 18 (Jan. 4-10)									
Week 19 (Jan. 11-17)									
Week 20 (Jan. 18-23)					**Log Sheets Due**				
Saturday, February 13, 2010								**1**	**26.2**

* Optional events where kids can check their progress - race info can be found at www.trakshak.com

Please fax to 205.870.7729, or mail to:
Mercedes Kids Marathon, P.O. Box 59260, Birmingham, AL 35259
or drop it off at Trak Shak Homewood (205.870.5644), Trak Shak 280 (205.408.5723) or Trak Shak Trussville (205.665.2553)